



**Canadian Mental
Health Association**
North and West Vancouver
Mental health for all

North and West Vancouver Branch
300-1835 Lonsdale Avenue
North Vancouver, British Columbia V7M 2J8
Phone: 604.987.6959 Fax: 604.980.0336

Residential Mental Health Worker
Arborlynn House
Full time afternoons 3pm-11pm
CMHA NORTH AND WEST VANCOUVER
Our vision: Mentally healthy people in a healthy society

Residential Mental Health Workers support and mentor residents living with multiple, chronic health challenges. This involves assisting residents with activities of daily living and coaching in a manner that will maintain and respect the spirit, dignity, inclusivity and individuality of others while building a professional rapport. Primary consideration is given to providing a safe, accessible and inclusive working and living environment for both residential program participants and CMHA employees. The ideal candidate has an understanding of psychosocial rehabilitation and has experience working with clients who have a dual diagnosis. Please send your resume and cover letter in by April 1st, 2021.

Key Duties and Responsibilities

- Ensure all residents are accounted for, safety checks upon arrival and departure
- Perform safety checks throughout the shift if needed
- Follow protocols for missing residents
- Respond to the needs of residents during the shift
- Ability to recognize signs of use and follow protocol if a resident is under the influence of drugs or alcohol
- Respond to an emergency or crisis situation
- Check- in and out with other houses
- Assisting residents to achieve their goals in their care plans in order to maintain recovery from mental health and addiction issues and to build their self-esteem.
- Perform daily staff chores
- Coordinate the delivery of, check for accuracy of and administer medications and treatments in accordance with the CMHA Policy and Procedures.
- Liaise with Community Psychiatric Services or other related mental health, addiction or other government or community supports, as needed.
- Review residential house meetings minutes.
- Adhere to CMHA Health and Safety policies and any other related Health and Safety and Labor Standards, such as the Human Rights Code.
- Perform any other duties as assigned.

Abilities and Values

- Establish and maintain rapport with residents
- Interact socially with residents
- Observe and recognize changes in residents
- Demonstrate strong professional boundaries



**Canadian Mental
Health Association**
North and West Vancouver
Mental health for all

North and West Vancouver Branch
300-1835 Lonsdale Avenue
North Vancouver, British Columbia V7M 2J8
Phone: 604.987.6959 Fax: 604.980.0336

- Tolerate frustration and resistance
- Put others at ease and treat others with respect and dignity
- Commit to inclusion and equal opportunity
- Nurture growth and change amongst peers and residents
- Mentor, coach and reflect a practice that lies within an anti-oppression, harm reduction and psychosocial rehabilitation frameworks
- Work independently and in cooperation with others
- Communicate effectively, both verbally and in writing
- Facilitate and participate in conflict resolution process
- Organize and prioritize effectively, with strong attention to detail
- Maintain up to date knowledge of community resources
- Respond to change with openness and flexibility
- Humbly receive constructive feedback

Qualifications:

- Diploma or Degree in a Social Services or related field, or a combination of education, lived and work experience
- Experience working with people living with disabilities and/ or multiple barriers including poverty, racism, and trauma, non- dominate language, culture, sexuality or identified gender, and mental health and substance use challenges.
- Basic computer and Internet literacy (including MS Word/Excel/Outlook, G-Mail)
- Second language is an asset
- Physical capacity to carry out the duties and operate related equipment
- Valid First Aid Level 1 and CPR
- Food Safe Certificate
- Vulnerable Population Criminal Record Check is a condition of employment

How to Apply:

Please submit a cover letter and resume detailing your experience and qualifications **before April 1st** to:
sandra.vasquez@cmha.bc.ca