



**Canadian Mental
Health Association**
North and West Vancouver
Mental health for all

North and West Vancouver Branch
300-1835 Lonsdale Avenue
North Vancouver, British Columbia V7M 2J8
Phone: 604.987.6959 Fax: 604.980.0336

Facilitator Part-time/Casual

Canadian Mental Health Association

Our vision: Mentally healthy people in a healthy society

Position Summary

We're looking for friendly, positive, community-minded folks interested in facilitating mental health support and educational groups in the community – including SMART Recovery, Coping during Covid (and Beyond), and WRAP.

This opportunity is well suited for people with experience offering group support or training/education, as well as people with lived and living experience with mental health or addictions challenges. This position requires excellent communication skills, organization and reliability, and a keen interest in connecting with and supporting your community.

This is a paid contract position for someone living on the Sunshine Coast. Facilitator training will be provided for the right candidate.

Duties and Responsibilities:

- Facilitate support and educational programming related to mental health & addictions
- Support advertising and registration for programs
- Keep tally of how many people are attending the programs, report back regularly to the CMHA team
- Send reminder and follow up emails to the program participants

Skills, Abilities, Qualifications:

- Ability to communicate effectively, both verbally and in writing
- Strong facilitation and public speaking skills
- Warm, compassionate, and non-judgmental demeanor
- Education or training in peer support, mental health & addictions, or community social services
- Recent related work experience with an emphasis on mental health and/or substance use recovery



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- Ability to work with marginalized and culturally diverse populations
- Ability to engage clients and build rapport, as well as maintain appropriate boundaries
- A working knowledge and familiarity with health and social service programs on the Sunshine Coast
- Ability to promote positive change and independence
- Proven ability to work independently as well as capacity to work in partnership with others

Hours of Work: Varying between 2-6 hours weekly

Hourly Wage: \$20/hr

We are an equity employer and encourage applicants from women, persons with disabilities, members of visible minorities, First Nations, Inuit, and Metis people, people of all sexual orientation and genders and others who may contribute to our further diversification.

How to Apply:

Please submit a cover letter and resume detailing your experience and qualifications to:

Tessa Veikle

Assistant Program Manager

tessa.veikle@cmha.bc.ca