



**Canadian Mental
Health Association**
North and West Vancouver
Mental health for all

North and West Vancouver Branch
300-1835 Lonsdale Avenue
North Vancouver, British Columbia V7M 2J8
Phone: 604.987.6959 Fax: 604.980.0336

Group Facilitator - Bipolar Support Group **CMHA NORTH AND WEST VANCOUVER**

Our vision: Mentally healthy people in a healthy society

We are seeking a group facilitator to lead a community-based Bipolar Social Support Group. The group facilitator plays an important role in creating a psychologically safe, confidential, and welcoming space where participants with lived and living experience can share their stories and develop supportive relationships in a group setting. The successful candidate would lead weekly group sessions, coordinate with co-facilitators, and support the program manager with the planning and organizing of the group.

Duties and Responsibilities:

- Leads weekly group meetings
- Supports and engages group members in a non-judgmental and supportive manner
- Ensures a psychologically safe space for participants
- Submits monthly invoice for facilitation work
- Maintains an up-to-date participant contact list
- Communicates any changes to programming or scheduling with participants

Qualifications:

- Degree in a Social Services, Clinical Counselling, Occupational Therapy, or related field
- Previous experience facilitating support and/or therapy groups
- Experience working with and/or supporting people with bipolar disorder
- Valid First Aid Level 1 and CPR
- Vulnerable Population Criminal Record Check
- Lived experience preferred

Skills and Experience:

- Compassionate and non-judgmental approach to supporting people
- Strong communication skills including active listening
- Group facilitation
- Crisis intervention
- Conflict resolution
- Indigenous Cultural Competency
- Experience working with people living with Disabilities and/or multiple barriers including poverty, racism, trauma, non-dominant language, culture, sexuality or identified gender, and mental health or substance use challenges
- Respects and upholds the confidentiality of group participants



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Hours of Work and Considerations

Reports to: Peer Support Programs Manager

Special Considerations: Weekly group facilitation In person at Kelty resource center in North Vancouver.

Salary: \$36- \$40/hour depending on experience

We are an equity employer and encourage applicants from women, persons with disabilities, members of visible minorities, First Nations, Inuit, and Metis people, people of all sexual orientation and genders and others who may contribute to our further diversification.

How to Apply:

Please submit a cover letter and resume detailing your experience and qualifications to:

talayeh.jamshidi@cmhanorthshore.ca