

2022 AGM Director Candidates

Sandeep (Sam) Dayal

Sam Dayal is a candidate for election to his first term on the CMHA NWV Board of Directors.

Sam has worked as a licensed mortgage broker for 12 years with a specialization in commercial mortgages. He also lends out his family funds as private mortgages to clients that need short term assistance. Sam is currently a board member for a Mortgage Investment Company (MIC) and previously was a designated individual for another MIC.

Prior to becoming a mortgage broker, he worked as an accountant in industry (private and publicly traded companies) for 10 years and has held his CPA designation since 2004. Sam was a part-time instructor for the CMA program during his transition from accounting to brokering. He completed his education at Simon Fraser University and Capilano University where he obtained a BA in Economics and a finance diploma, respectively.

Sam currently volunteers as treasurer for the North West Vancouver Ringette Association as his daughter plays on the team. His other volunteer work includes the CPA association as a mentor for two years, treasurer of the Mortgage Investments Association of BC for five years, treasurer of a community organization for four years and a board member for an MLA for nine years.

Maureen Lee

Maureen Lee first joined the CMHA NWV Board of Directors in 2019 and is a candidate for re-election to her second term. Most recently, Maureen has served as Secretary of the Board of Directors of CMHA NWV.

Maureen has a longstanding commitment to the field of mental health. A West Vancouver District Principal, Maureen is also pursuing her PhD in Educational Psychology at SFU while serving her community as a counsellor in private practice. Maureen's clinical skills and combined knowledge of child and youth development have made her a powerful advocate for social justice. Maureen accepted her position on the CMHA NWV Board of Directors enthusiastically and is very proud of the organization's commitment to improving the area of Youth Mental Health. Over her term with the CMHA NWV Board of Directors, Maureen hopes to reduce the stigma around mental health.

Julie Menten

Julie Menten first joined the CMHA NWV Board of Directors in 2016 and is a candidate for re-election to her third term.

Julie Menten is a partner at a workplace law firm, Roper Greyell LLP, in British Columbia, where she practices in employment, labour, human rights and privacy law. A large part of her practice involves helping employers manage mental health and substance use issues in the workplace, as well as conducting investigations into workplace misconduct, bullying, harassment, and sexual harassment. Prior to joining Roper Greyell, she clerked at the British Columbia Court of Appeal.

Before joining the legal profession, Ms. Menten spent most of her career working with children, youth and families as a psychotherapist and clinician. She began in the helping professions as a child protection social worker on an Aboriginal family services team for the B.C. Ministry of Children and Family Development. After completing her graduate degree in couple and family therapy, she started a private practice; worked as a therapist for the Associated Youth Services of the Regional Municipality of Peel in Ontario; worked as a counsellor for deaf, deafened and hard of hearing people in London, Ontario; and as a clinician with the Centre for Children and Families in the Justice System in London, Ontario, providing intensive mental health services to young people in custody settings and government care.

Her goal is to leverage a decade of experience in the helping professions in her career in law, and she specializes in mental health and substance use in the workplace.

Ms. Menten believes in giving back to her community and has served on a variety of boards and advisory committees. She was past Chair of the Advisory Committee for the Bottom Line Conference on workplace mental health with the Canadian Mental Health Association, B.C. Division, a past member of the board for the Crisis Centre in Vancouver, and is a current member of the board of the Canadian Centre on Substance Use and Addiction.

She holds a BA in child and youth care with distinction from the University of Victoria, an MSc in couple and family therapy from the University of Guelph, and a juris doctor degree with distinction from Western University. Julie was called to the Bar of British Columbia in 2013 and the Alberta Bar in 2019.