

2023 Director Candidates

Donna Cole

Donna Cole is a candidate for election to her first term on the CMHA NWV Board of Directors.

Donna is currently the Director of Indigenous Initiatives and Director of Student Associations for the Capilano Student Union. She has a broad range of executive-level administration, management, human resource, policy, and political experience from several different industries including Education, Non-Profit, First Nations and Indigenous, LGBTQ2S, Child & Youth Welfare, Health, Legal, Television, and High Tech.

Donna notes that she is a highly organized, logical, problem solver who thrives in change and loves to meet challenges head on. Being a First Nations woman from the Squamish Nation, she also understands the importance of community development and togetherness and tries to incorporate this into her everyday work.

John Miller

John Miller is a candidate for election to his first term on the CMHA NWV Board of Directors.

John has significant experience in accounting and finance having spent 15-years at Ernst & Young and the past 6-months in a senior finance role at Ritchie Bros. Auctioneers, and also has experience in not-for-profit governance, through volunteering for the past four-years with the Terry Fox Foundation where he serves on the Audit and Finance Committee.

John shared that he is passionate about mental health and believes that organizations like the CMHA are crucial to our North Shore community, given the well documented mental health challenges that people in our community face every day. He has been personally impacted by mental health issues and wants to be an advocate and ambassador for the CMHA and the mental health cause.

Karine Russell

Karine Russell is a candidate for election to her first term on the CMHA NWV Board of Directors.

Karine is currently a partner in the litigation group at Blake, Cassels & Graydon LLP, a top-tier national business law firm, where she has over a decade of experience representing business, individual, and pro bono clients, providing legal advice, and practicing leadership and management skills. Her past volunteer board experience includes having been the Chair of a small non-profit organization working with at-risk youth, Leave Out Violence BC Society ("LOVE BC"), from 2011 to 2015. During this time, she also served on the National LOVE Board.

Karine mentioned that she knows and cares about individuals who have experienced mental health challenges and this worthwhile cause is one that she cares deeply about.