

## **2025 Director Candidates**

### **Adam Velji**

Adam Velji is a candidate for election to his first term on the CMHA NWV Board of Directors.

Adam has a background in finance and investment strategies; Adam graduated from the University of British Columbia (2019) with a Bachelor of Commerce and later completed education with the CFA Institute (2024).

In 2019, Adam was a Strategy and Operations Management Consultant at Deloitte. His key responsibility was analysis of financial data and business performance to support informed executive decision making. Presently, Adam is an Analyst for Real Estate Development and Investments at Telus Communications.

Additionally, Adam highlights his personal journey with anxiety that has shaped his deep commitment to mental health advocacy. A myriad of factors like academic stress, job demands, and family dynamics were triggers for stress and significantly impacted his education and early career. He mentions that his road to recovery has made him aware of his privilege and desire to promote mental health advocacy through reducing stigma and increasing services.

### **Herman Mah**

Herman Mah is a candidate for election to his first term on the CMHA NWV Board of Directors.

Herman has a long history of governance and management in his professional career. As early as 2006, Herman was a Downtown Campus Manager for BCIT, resolving tenant issues across five sites, managing operations and maintenance across the campus.

In 2016, Herman was a Real Estate Asset Manager for BC Housing where he focused on collaboration and liaising with non-profit organizations, other communities and ministries.

Herman was elected to his first term as a Councillor for the District of North Vancouver in 2022 and has been appointed to the District's Library Board and Finance & Audit Committee. He also worked part-time as the S.U.C.C.E.S.S. Housing Services Manager in 2023 during his tenure on council.

Herman has been a member of many community associations and committees in Vancouver and the Northshore and understands the need for community for mental health advocacy.

**Yasaman Bonyanpour**

Yasaman Bonyanpour is a candidate for election to her first term on the CMHA NWV Board of Directors.

Yasaman has been a Registered Nurse (RN) since 2020, and has a background in nursing, leadership, and governance. Currently serving as an RN Clinical Manager at a non-profit organization, she contributes to strategic decision-making and organizational development as part of the senior leadership team. Yasaman is passionate about health advocacy and has been responsible for overseeing patient care, managing interdisciplinary teams, and aligning programs with organizational and healthcare standards while ensuring efficiency and responsiveness to community needs.

She mentions that she is committed to fostering environments that promote mental health awareness, reduce stigma, and improve access to care.