

ARE YOU OR SOMEONE YOU CARE ABOUT IN DISTRESS?

CALL CRCL.

WE COME TO YOU,
ON YOUR TERMS.

CRISIS RESPONSE.
COMMUNITY LED.

If you or someone you know needs crisis support, contact CRCL.

Our trained crisis workers respond to mental health crises, offering immediate assistance, de-escalation, and follow-up support.
Our services are available to individuals aged 13 and older.

- For local information on the North Shore, visit [CRCLNorthShore.ca](#)
- To learn more about provincial updates visit, [CRCL.ca](#)

CALL: 1 (888) 261-7228
TEXT: (778) 839-1831
HOURS: 8 am to 12:30 am, 7 days/week

If someone is in immediate danger, please call 911.

CRCL is a Peer Assisted Care Team Model operated by CMHA North & West Vancouver Branch on the unceded, ancestral, and traditional territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səlílwətał (Tsleil-Waututh) Nations.



Visit Our Website



Scan Me

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