



**CANADIAN MENTAL HEALTH ASSOCIATION
NORTH AND WEST VANCOUVER BRANCH
MINUTES of the ANNUAL GENERAL MEETING (AGM)
Held on Monday, September 8, 2025
312-2030 Marine Drive, North Vancouver**

Society Members Present: Andrea Krupa, Anne Kinvig, Fenneke Tjallingii-Brocken, John Miller, Sam Dayal, Adam Velji, Herman Mah, Rose Amidi

Guests: Talayeh Jamshidi, Tianna Maehara, Farsim Saghri

Welcome and Call to Order

A quorum of members being present, Anne Kinvig, Board Chair, acknowledged that CMHA NWV and many of the members are located on the traditional unceded territories of the Squamish, Musqueam, Tsleil-Waututh Nations. She then welcomed those in attendance and officially called the meeting to order at 6:03 pm.

Minutes of the Last Annual General Meeting

The minutes of the 2024 Annual General Meeting were presented for approval.

It was moved by Sam Dayal and seconded by Fenneke Tjallingii-Brocken that the minutes of the Annual General Meeting of the Canadian Mental Health Association North and West Vancouver Branch, held on September 09, 2024, be adopted as presented...Carried.

Leadership's Report

Talayeh Jamshidi, Executive Director, presented the leadership team report.

Ms. Jamshidi shared that the theme of our annual report, "Anchored in Community", guided the work of the branch this year and was a reminder that our strength comes from people, relationships, and shared purpose.

It was noted that CMHA NWV delivered over 1,300 counselling sessions, expanded peer navigation and social support groups, and deepened our partnerships with First Nations communities through the Skookum Hi-Yu' Ko-Pet' program this year. The branch also provided 24/7 housing supports, launched the rebranded CRCL crisis response team, and supported hundreds through our outreach, youth, and employment programs. She noted that these accomplishments were made possible by our dedicated staff, volunteers, and the generosity of our donors and partners.

Ms. Jamshidi expressed her deep gratitude to our departing board members — Anne Kinvig, Sam Dayal, and Karine Russell — whose leadership anchored the organization with wisdom and care.

In closing, she encouraged everyone to read the Annual Report for a full summary of the events of the year.



Report of the Board Chair

Anne Kinvig, Board Chair, presented the Board Chair report.

She noted that there has been much development and progress in the organization during the time that she has served on the board, while always maintaining a connection to our values. Ms. Kinvig shared that this has been a year of transition marked by the Executive Director leadership change. She praised Talayeh Jamshidi, Executive Director, for her openness to learning and growth and noted that she is well respected by staff and board members alike.

Ms. Kinvig shared that a highlight of this year was the development of our 2026-2029 strategic plan, facilitated by board member, Andrea Krupa, in collaboration with the management team, herself and planning committee member Fenneke Tjallingii-Brocken. The new plan focuses on the needs of the community and our strengths as an organization in meeting those needs.

She offered sincere thanks to the staff, volunteers and partners, as well as fellow board members for their passion for the work of CMHA and embodiment of our values.

Service awards were presented to departing board members, Anne Kinvig, Sam Dayal, and Karine Russell for their contributions and the expertise they brought to their work on the board.

Treasurer's Report

Sam Dayal, Treasurer, presented the Treasurer's report for the year 2024-2025.

Mr. Dayal opened by extending his appreciation to finance committee members, Andrew Leonard, Carly Crawford and John Miller for their work on the committee this year as well as his thanks to Talayeh for her leadership during the period of transition on the finance team. He provided the following comments on the financial statements:

- Revenue was \$5 million for the year, an 11% increase over last year
- There was a \$134k surplus after adjustments
- The donor advised fund is not included in the statement of financial position but is separately disclosed in a note to the financial statements. The current donor advised fund fair market value at March 31, 2025 is \$1.5M with \$59k distributed to the branch over the fiscal year.
- Only 8% of our expenses went toward administration with 92% being program costs

Mr. Dayal closed by encouraging new board members to visit the different CMHA NWV programs in person to really help to strengthen their understanding of the work of the branch.

Audit Report

Sam Dayal, Treasurer, presented the audit report for 2024/25. It was noted that the Audit was clean, and the branch is currently in a good financial position.

It was moved by John Miller and seconded by Andrea Krupa that the audited financial statements for the period ending March 31, 2025, as published, and presented, be adopted... Carried.



Appointment of the External Auditors

Sam Dayal, Treasurer, formally presented the recommendation for the Board of Directors to appoint the firm Thomkins Wozny LLP as external auditor for the 2025-2026 fiscal year.

It was moved by John Miller and seconded by Andrea Krupa that the Board of Directors appoint the firm of Tomkins Wozny as External Auditors for the Canadian Mental Health Association North and West Vancouver Branch for the fiscal year ending March 31, 2026...Carried.

Director Elections 2025-2026

Anne Kinvig presented the following candidates for election:

Election to 1st Term: Adam Velji, Herman Mah, Yasaman Bonyanpour

It was moved by Andrea Krupa and seconded by Fenneke Tjallingii-Brocken to elect Adam Velji, Herman Mah and Yasaman Bonyanpour to their first term on the Board of Directors of the Canadian Mental Health Association North and West Vancouver Branch...Carried.

Other Business

None.

Adjournment

It was moved by Herman Mah and seconded by Sam Dayal to adjourn the 2025 Annual General Meeting of the Canadian Mental Health Association North and West Vancouver Branch...Carried.

Anne Kinvig concluded the meeting at 6:24pm.